



THE ADMINISTRATION OF THE UNION TERRITORY OF LADAKH  
OFFICE OF THE CHIEF MEDICAL OFFICER, LAHDC LEH LADAKH

Tele fax-01982-252012 & 01982 - 256186 Email Id: [lehcmo@gmail.com](mailto:lehcmo@gmail.com)



The syllabus below is based on the National Health Mission Advertisement notified under CMOL/NHM/HR/4575-93, dated 15/11/2023.

This is the Syllabus for the Posts of District Program Coordinator, NTEP

Please note: The written exam for all the posts will be in the form of multiple-choice objective questions. The exam paper will be of 100 marks and the selection will be based solely on the written exam. The Date of the Exam is on 7<sup>th</sup> January 2024. The District Health Society will soon announce the exam venue on [leh.nic.in](http://leh.nic.in) website.

**GENERAL KNOWLEDGE**

(20 Marks)

1. Current events of National and International importance
2. Indian Culture, heritage and freedom struggle/movement
3. Transport & Communication
4. Demography- Census, its features and functions
5. Important rivers & lakes in India
6. Weather, climate, crops, and means of transport in India
7. Demography- census, its features and functions

**A) GENERAL ENGLISH**

(10 Marks)

1. Tenses
2. Rearranging jumbled sentences
3. Synonyms and antonyms
4. Idioms and Phrases
5. Uses of prepositions
6. Active and Passive voices
7. Narration
8. Articles
9. Modals

**B) KNOWLEDGE OF COMPUTERS**

(10 Marks)

1. Basic Application of computer and its component
2. Fundamental of computer sciences
3. Concept of open-source technology
4. Input & Output
5. Operating System
6. Knowledge of MS, MS Word, MS Access, MS Powerpoint, PDF Internet and Email



7. Concept of computer virus and anti-virus
8. Hardware & software, elements of computer processing system Hardware, CPU, peripherals, storage media, software, definition, role and categories firmware and human-ware.

**C) Health Care System in India: Vision and Mission**

**(20 Marks)**

1. Health Care System in India
2. National Health Programs in India
3. National Health Policy, process and planning
4. New Initiatives under the National Health Mission

**D) Public Health Nutrition**

**(10 Marks)**

1. Nutrients
2. Balance Diet and Nutritional Content of Foods
3. Nutritional Profile of India
4. Role of Nutrition
5. Community Nutrition Program in India

**E) National Tuberculosis Elimination Program (NTEP)**

**(30 Marks)**

1. Introduction to the NTEP services, Historical Context, Evolution, Coverage and Innovations
2. Tuberculosis: Types of TB, Signs and Symptoms, Mode of Transmission.
3. Diagnosis
4. Types of Initiatives by Government of India under NTEP





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This is the Syllabus for the Posts of Clinical Psychologist (DEIC)

Please note: The written exam for all the posts will be in the form of multiple-choice objective questions. The exam paper will be of 100 marks and the selection will be based solely on the written exam. The Date of the exam is on 7<sup>th</sup> January 2024. The District Health Society will soon announce the exam venue on [leh.nic.in](http://leh.nic.in) website.

**A) GENERAL KNOWLEDGE**

**(10 Marks)**

1. Current events of National and International importance
2. Indian Culture, heritage and freedom struggle/movement
3. Transport & Communication
4. Demography- Census, its features and functions
5. Important rivers & lakes in India
6. Weather, climate, crops, and means of transport in India
7. Demography- census, its features and functions

**B) GENERAL ENGLISH**

**(10 Marks)**

1. Tenses
2. Rearranging jumbled sentences
3. Synonyms and antonyms
4. Idioms and Phrases
5. Uses of prepositions
6. Active and Passive voices
7. Narration
8. Articles
9. Modals

**C) Health Care System in India: Vision and Mission**

**(10 Marks)**

1. Health Care System in India
2. National Health Programs in India
3. National Health Policy, process and planning
4. New Initiatives under the National Health Mission



**D) Questions related to the Psychology Course**

**(70 Marks)**

- Sensation & perception
- Intelligence theories and testing
- Personality and Personality disorders
- Emotion and Motivation
- Human Development and theories.
- Cognition
- Psychopathology and approaches to psychotherapy
- Memory and memory disorders.
- Neuroanatomy
- Research Methodology.





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The syllabus below is based on the National Health Mission Advertisement notified under CMOL/NHM/HR/4575-93, dated 15/11/2023.

This is the Syllabus for the Posts of District Data Manager

Please note: The written exam for all the posts will be in the form of multiple-choice objective questions. The exam paper will be of 100 marks and the selection will be based solely on the written exam. The Date of the exam is on 7<sup>th</sup> January 2024. The District Health Society will soon announce the exam venue on [leh.nic.in](http://leh.nic.in) website.

**A) GENERAL KNOWLEDGE**

(20 Marks)

1. Current events of National and International importance
2. Indian Culture, heritage and freedom struggle/movement
3. Transport & Communication
4. Demography- Census, its features and functions
5. Important rivers & lakes in India
6. Weather, climate, crops, and means of transport in India
7. Demography- census, its features and functions

**B) GENERAL ENGLISH**

(10 Marks)

1. Tenses
2. Rearranging jumbled sentences
3. Synonyms and antonyms
4. Idioms and Phrases
5. Uses of prepositions
6. Active and Passive voices
7. Narration
8. Articles
9. Modals

**C) Health Care System in India: Vision and Mission**  
Marks)

(10

1. Health Care System in India
2. National Health Programs in India
3. National Health Policy, process and planning
4. New Initiatives under the National Health Mission



## **D) Computer Application**

**(60 Marks)**

### **- Basics of Computer Hardware:-**

1. Acquire confidence in identification of various hardware components viz. Power Supply, Motherboard, Memories and I/O ports.
2. Well versed in Installation and Troubleshooting of Power Supply.
3. Acquire knowledge of Motherboard, Form Factor, and in-Depth analysis of Mother Board & its Reliability.
4. Acquire knowledge in basic Principle and Operation of Primary and Secondary Memory.
5. Acquire knowledge of Physical Identification and Working of Intel and AMD Chipset.
6. Acquire knowledge of Bus Definition and Physical Identification and Applications of Ports and Buses on Motherboard.

### **- Peripherals and Data Storage Devices:-**

1. Understand the difference between input and output devices.
2. Understand operation, assembly and Disassembly of Impact and Non- Impact Printers etc along with general troubleshooting.
3. Understand operation of various Electronic Display Systems like Electronic Paper, LED Display, LCD Display, Flexible Display, Plasma Display etc.
4. Understand diagnostic tools for problem shooting like Sys-Internals Suite, System Information for Windows (SIW) etc.
5. Develop soft skills for understanding oneself, problem, stress and emotion management and development of leadership quality.





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This is the Syllabus for the Posts of District RKSK Coordinator and Adolescent Friendly Health Counsellor

Please note: The written exam for all the posts will be in the form of multiple-choice objective questions. The exam paper will be of 100 marks and the selection will be based solely on the written exam. The Date of the Exam is 7<sup>th</sup> January 2024. The District Health Society will soon announce the venue for the exam on [leh.nic.in](http://leh.nic.in) website.

**A) GENERAL KNOWLEDGE**

(20 Marks)

1. Current events of National and International importance
2. Indian Culture, heritage and freedom struggle/movement
3. Transport & Communication
4. Demography- Census, its features and functions
5. Important rivers & lakes in India
6. Weather, climate, crops, and Agriculture

**B) GENERAL ENGLISH**

(10 Marks)

1. Tenses
2. Rearranging jumbled sentences
3. Synonyms and antonyms
4. Idioms and Phrases
5. Uses of prepositions
6. Active and Passive voices
7. Narration
8. Articles
9. Modals

**C) KNOWLEDGE OF COMPUTERS**

(10 Marks)

1. Basic Application of computer and its component
2. Fundamental of computer sciences
3. Concept of open-source technology
4. Input & Output



5. Operating System
6. Knowledge of MS, MS Word, MS Access, MS Powerpoint, PDF Internet and Email
7. Concept of computer virus and anti-virus
8. Hardware & software, elements of computer processing system Hardware, CPU, peripherals, storage media, software, definition, role and categories firmware and human-ware.

**D) Health Care System in India: Vision and Mission (10 Marks)**

1. Health Care System in India
2. National Health Programs in India
3. National Health Policy, process and planning
4. New Initiatives under the National Health Mission

**E) Introduction to RMNCHA (10 Marks)**

1. Introduction to the RMNCHA programme- historical context, evolution, coverage, intervention and innovations
2. Various components of service delivery under RMNCHA
3. Maternal, new-born and child health (MCH) services in the country
4. Historical Development in MCH in India
5. Legislation and programs in MCH
6. Child health programmes and strategies in India
7. Adolescent Health

**F) Demography and Family Welfare (10 Marks)**

1. Demography
2. Family welfare and reproductive policy
3. Adolescent sexual and reproductive Health
4. Understanding reproductive health policy
5. Reproductive health programs in India

**G) Adolescent Health Programs (20 Marks)**

1. Historical Development in Adolescent Programs In India
2. Programmes, policy, planning and interventions in Adolescent Health
3. Principles of Health Education
4. Health Communication

**H) Public Health Nutrition (10 Marks)**

1. Nutrients
2. Balance Diet and Nutritional Content of Foods
3. Nutritional Profile of India
4. Role of Nutrition
5. Community Nutrition Program in India





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This is the Syllabus for the Posts of Case Manager

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**A) GENERAL KNOWLEDGE**

(20 Marks)

1. Current events of National and International importance
2. Indian Culture, heritage and freedom struggle/movement
3. Transport & Communication
4. Demography- Census, its features and functions
5. Important rivers & lakes in India
6. Weather, climate, crops, and Agriculture

**B) GENERAL ENGLISH**

(10 Marks)

1. Tenses
2. Rearranging jumbled sentences
3. Synonyms and antonyms
4. Idioms and Phrases
5. Uses of prepositions
6. Active and Passive voices
7. Narration
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**C) KNOWLEDGE OF COMPUTERS**

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1. Basic Application of computer and its component
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**D) Health Care System in India: Vision and Mission (10 Marks)**

1. Health Care System in India
2. National Health Programs in India
3. National Health Policy, process and planning
4. New Initiatives under the National Health Mission

**E) Introduction to RMNCH+A (10 Marks)**

1. Introduction to the RMNCHA programme- historical contest, evolution, coverage, intervention and innovations
2. Various components of service delivery under RMNCHA
3. Maternal, new-born and child health (MCH) services in the country
4. Historical Development in MCH in India
5. Legislation and programs in MCH
6. Child health programmes and strategies in India
7. Adolescent Health

**F) Adolescent Health Programs (10 Marks)**

1. Historical Development in Adolescent Programs In India
2. Programmes, policy, planning and interventions in Adolescent Health
3. Principles of Health Education
4. Health Communication

**G) Public Health Nutrition (10 Marks)**

1. Nutrients
2. Balance Diet and Nutritional Content of Foods
3. Nutritional Profile of India
4. Role of Nutrition
5. Community Nutrition Program in India



**H) Non-Communicable Diseases (NCD)**

**(20 Marks)**

1. Introduction to the NCD programme- historical context, evolution, coverage, intervention and innovations
2. Different programme under NCD and its importance
3. Mental Health Programme in India: Determinants, Global Mental Health Situation, Classification and interventions.





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This is the Syllabus for the Posts of Block Account Officer

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**A) GENERAL KNOWLEDGE**

**(20 Marks)**

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3. Transport & Communication
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5. Important rivers & lakes in India
6. Weather, climate, crops, and means of transport in India
7. Demography- census, its features and functions

**B) GENERAL ENGLISH**

**(10 Marks)**

1. Tenses
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4. Idioms and Phrases
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6. Active and Passive voices
7. Narration
8. Articles
9. Modals

**C) Health Care System in India: Vision and Mission**

**(10 Marks)**

1. Health Care System in India
2. National Health Programs in India
3. National Health Policy, process and planning
4. New Initiatives under the National Health Mission



**D) ACCOUNTANCY AND BOOK KEEPING**

**(30 MARKS)**

- 1) Introduction to financial accounting and its terms
- 2) Accounting equation and journal
- 3) Voucher Approach in Accounting
- 4) Bank Reconciliation statement
- 5) Financial management/ statement
- 6) Partnership accounts
- 7) Ledger Accounts
- 8) Cash Book, financial Audit
- 9) Elements of double entry book keeping
- 10) Trial Balance
- 11) Trading account
- 12) Profit loss account and balance sheet
- 13) Concept of Social Accounting, Social audit and cash based single entry system of accounting
- 14) Public financial management system (PFMS)
- 15) Indian Financial management system
- 16) Taxation, tax laws- Direct, indirect
- 17) Cost accounting
- 18) Cost management – budgetary control
- 19) Developments in accounting

**E) Mathematics**

**(10 Marks)**

- 1) Simple/ compound interest
- 2) Linear equations with two variables
- 3) Permutations/ combinations & Binomial Theorem
- 4) Limits & derivatives
- 5) Set theory – Basic concepts and applications
- 6) Relations and functions
- 7) Matrices & Determinants
- 8) Probability
- 9) Coordinate & Three-dimensional geometry
- 10) Vectors

**F) Statistics**

**(10 Marks)**

- 1) Primary and secondary data
- 2) Methods of collecting primary and secondary data
- 3) Preparation of questionnaires
- 4) Tabulation and completion of data
- 5) Measures of central tendency
- 6) Theory of probability
- 7) Theory of attributes – basic concepts and their applications
- 8) Theory of index numbers: texts of index numbers – wholesale and consumer price index numbers
- 9) Demography – census, its features and functions



- 10) Vital statics measures of fertility, crude fertility rates, specific fertility rates, gross and net reproduction rates, measures of mortality

**G) GENERAL ECONOMICS**

**(10 Marks)**

- 1) Introduction of Economics – Basic concept and principles
- 2) Fiscal & Monetary policy – Meaning, scope and methodology
- 3) Theory of consumers demand using difference curve technique
- 4) Demand analysis
- 5) Factors pricing – marginal productivity Theory & Ricardian Theory of rent
- 6) Pricing under various formats of market
- 7) Factors of production & laws of production
- 8) Concept of Economic growth and its measurement
- 9) Characteristics and problems of developing economy
- 10) Planning vs, market economy





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This is the Syllabus for the Posts of FMPHW, Ophthalmic Assistant, Laboratory Technology, Psychiatric Nurse

Please note: The written exam for all the posts will be in the form of multiple-choice objective questions. The exam paper will be of 100 marks and the selection will be based solely on the written exam. The Date of the exam is on 7<sup>th</sup> January 2024. The District Health Society will soon announce the exam venue on [leh.nic.in](http://leh.nic.in) website.

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**(20 Marks)**

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**B) Questions from the concern subject**

**(80 Marks)**